### September 2014 Newsletter

# Georgetown Village Neighbors Helping Neighbors

www.georgetown-village.org T: 202-999-8988

Dear GV Members,

By now you should have received our invitation to the Fall Fundraiser, we really hope you will be able to join us for this fun evening. There will be great food from Rocklands, lovely wine provided by Nancy Taylor Bubes, and since this is Georgetown, of course we will end the evening with cupcakes! There will also be music for your dancing and listening pleasure and an amazing view! Please be sure to send in your RSVP as soon as possible, and if you have not received the invitation, contact the office immediately.

In addition to our trip offerings to Tudor Place, the Corcoran, & Sailabration, GV members also have the opportunity to participate in three very interesting symposiums this month. Information on the back of this newsletter.

We have had a couple of group suggestions from members, if you are interested in a monthly weekend film outing to a foreign or artsy film with dinner please let us know. Also, we are still trying to start a gourmet dining group-call the office if you are interested in joining either group.

Our new interns, Tracy Welch, and Adrienne Bacchus started their internships and you will be meeting them during the month, please take the time to introduce yourself and be patient as they learn the GV ways.

We will all be attending the Village to Village Network Conference from September 29-30 in Virginia, please get any service requests in to the office before or after the conference. If you are interested in volunteering at the conference please call the office and let us know.

#### Unusual Volunteer Request of the Month:

One of our volunteers accompanied a member to the Apple Store, helped them bring home their new computer from the store and set it up for them to insure it ran properly.



September Programs
Mondays
September 1
Labor Day-Office Closed

<u>September 8</u>

1:00 pm Caregivers Support Group-St. John's Church

September 22

10:30 am-Book Discussion
The Goldfinch-home of
Charlotte Streidel

Tuesdays
September 16
5:30 pm Happy Hour-(DG)
September 23
11 am Tudor Place-Guided

Garden Tour-LDTSU 9/22

TBD-Movie Night & Dinner

Wednesdays

<u>September 17</u>

1:00-German Discussion Grp 6:00 pm-GV Fall Fundraiser

Thursdays
10:30 am Coffee Talk
St. John's 3240 O Streetuse Potomac St. entrance.

**Fridays** 

September 12-Sailabration-Trip to Baltimore-registration deadline passed-contact office to see if there are openings.

<u>September-19</u> Corcoran Trip 11:00-Albert Paley-Please call the office –LDTSU-9/17

### **Upcoming Symposiums of Interest to GV Members**

# Hard Choices Down the Road-the Time to Plan is Now-9/18 from 8:45-4;00 pm Lutheran Church of the Reformation, 212 East Capitol Street

At this all day symposium, presented by Capitol Hill Village, you will have a chance to hear from recognized speakers on the choices that you face as caregivers and care receivers, and how to decide what we may want in the final stages of our lives. We will also hear from members of CHV who have begun discussions with their families about their own preferences for how they will be cared for as their health deteriorates. You will come away with some toold to use in your own planning and in discussions with family and close friends. The symposium has been shaped by Village members who have already experienced these crisis in their lives. The symposium will include lunch and is open to all. GV members attend for free.

### What, Me Move?! Creative Housing Alternatives-9/20 1-5:30 pm-\$25.00 lona Senior Services, 4125 Albemarle Street NW, 20016

In this half-day workshop, Iona experts and trusted partners will lead participants to a better understanding of how to keep their housing affordable, and establish a good aging plan. Topics to be covered include: Core Options, rights and support associated with home ownership and renting, Affordable Housing Resources-rentals and home ownership, How to harness the assets associated with existing homeownership and how to make your equity work. Participants will receive a notebook full of helpful resources. To register, please call 202-895-9448 or email registration@iona.org

# Falls Prevention 9/23 10 am-2:00 pm-St Albans Episcopal Church 3001 Wisconsin Avenue NW 20016

Pharmacy technicians, an optometrist, a physical therapist, and nurses will be available to evaluate an individual's risk for a fall. This is an ideal opportunity for a check in with a health professional and to take care of one's well-being. Appointments will be scheduled every 15 minutes from 10 am until 1:45. 32 people can be evaluated. LDTSU-September 15, to register call 202-895-9448 or registration@iona.org

#### GV Member Trips-Call office to sign up-202-999-8988 or email lynn@georgetown-village.org

Sailabration-September 12-Trip to Baltimore for luncheon cruise past tall ships.

Corcoran Museum-September 19-11 am Guided Tour of Albert Paley exhibit confirmed-no charge

**Guided Garden Tour of Tudor Place Gardens-September 23-**This lively guided walk traces the history and horticulture of centuries-old trees, heirloom plants and flowers, and abundant English boxwood across the five-and-a-half-acre landscape. Learn how Tudor Place's design reflects its Federal-period origins and changes in land use over time. See where orchards, stables, and grazing land made way for lawns, fountains and garden "rooms."

#### Costumes of Downton Abbey at Winterthur December 4 LDTSU-October 17

Here is your chance to experience the world of Winterthur founder Henry Francis du Pont and his contemporaries and the contrasting world and costumes of Downton Abbey. Cost \$120 includes round trip deluxe coach transportation, tours, hot buffet lunch at Mendenhall Inn, tolls, taxes and all gratuities