January 2017 Newsletter

Georgetown Village Neighbors Helping Neighbors

www.georgetown-village.org Tel: 202-999-8988

Dear Georgetown Village Members,

I hope you had enjoyed the holidays and the time to relax with friends and family. As we start the new year, we are also hoping to start some new Georgetown Village activities.

Some of our members have expressed a desire to learn how to play Mah Jongg. Luckily, Michele Parsonnet, who works in the GV office part time, is an expert player! Michele will be offering a class starting Thursday, January 26 at 2 pm. Depending on the level of interest, we hope to continue the classes until the group is strong enough to play on their own. Please call or email the office to let us know if you are interested in learning to play and joining us.

We also have a few members and volunteers who knit and would like to get together to share their knowledge and teach others. If you are interested in learning to knit or sharing your skill with others please contact the office.

Our fifth anniversary membership drive was very successful and as of this writing, we had 19 new members join Georgetown Village in 2016!! This is a record for the number of new members in one year since our launch and kudos go to our hard-working membership committee under the direction of Nancy Roll and Toni Russin!

As we mentioned in our last newsletter, Villages across the country will be celebrating 15 years of the Village movement by screening the Beacon Hill celebration and interview with author, Atul Gawande. Our book discussion group has also chosen to discuss his book, Being Mortal for our February book discussion. We would like to invite members of the community to join us for this event, but of course we are offering our members the opportunity to sign up to attend the screening first. Please call the office to reserve a space for the screening on February 13 at 5 pm by January 20, as space is limited. We will be serving a light dinner for attendees. More about this program on the back, please suggest questions for Mr. Gawande.

Our book discussion group is discussing <u>A Man Called Ove</u> by Fredrik Backman on January 16. Although the GV office is closed that day, the book discussion will be held as scheduled.

The board joins me in wishing you a Happy and Healthy New Year,

Lynn Golub-Rofrano



Mondays January 2 GV Office Closed-Happy New Year January 16 GV Office Closed-MLK Day 10:30 am-Book Discussion-<u>A</u> Man Called Ove by Fredrik Backman 1415 31st Street NW January 23 10:30 Brain Games- GV Office 1680 Wisconsin Ave-RSVP

Tuesdays

<u>January 17</u> 2:00 pm-Development Comm. Mtg-1680 Wisconsin Ave NW 5:30 pm-Happy Hour-DG <u>January 24</u> Movie Night & Dinner Out

Wednesdays

January 4 & 18 10:30-Portable Electronics Support Group-1680 Wisconsin Ave. NW

Thursdays

January 5,12, 19, & 26 10:30 am Coffee Talk St. John's 3240 O Street NW January 5 & 19 1pm Trader Joe's January 26 2 pm Mah Jongg Classes

Fridays

Safeway Transportation <u>February 3</u> 12:00 –Concert & Luncheon at the Arts Club of Washington-Cost \$20 for 3 course luncheon-call or email the GV office to sign up

GV Tour of the Capitol –January 24 at 11 am-Meet at Hart Building 2 & C Street

Join us for a very special guided tour, offered by Marie Carr, a Georgetown Village donor and Hillandale resident, of the historic U.S. Capitol. The tour begins at 11AM at one of the Capitol Visitor Center's orientation theaters with a 13 minute film to introduce you to the magnificent building that houses our Congress. Once inside the historic Capitol, visitors will see the Crypt, the Rotunda, and National Statuary Hall. The Capitol is among the most architecturally impressive and symbolically important buildings in the world. After the tour, we will see the Visitor's Galleries of the chambers of the House of Representatives and Senate. If Congress is in session, you might see legislative history being made! We will have lunch at the Senate Buffet. All you can eat for \$22.

Marie will meet us at 11 AM in the lobby of the Hart Senate Office Building, located on 2nd Street NE and C Street NE. Marie will have special passes for the group in order to take us around the Capitol.

Monday, February 13, 2017 at 10:15 & 5 PM

Join Us to Celebrate 15 Years of the Village Movement

To celebrate its 15th anniversary and the Village movement it inspired, Beacon Hill Village in Boston has invited Villages around the country to participate "virtually" in an event featuring Dr. Atul Gawande, MD, MPH, author of the seminal book <u>Being Mortal</u>. The event will be livestreamed to Villages across the United States and <u>Georgetown Village</u> will broadcast the live event on Feb. 13, 2017, at 1680 Wisconsin Avenue NW at 5:00 pm. The Book Discussion Group will discuss <u>Being Mortal</u> at 10:15 am February 13.

Dr. Gawande is a renowned surgeon, public health researcher and writer, who will speak about the value of community and opportunities as we grow older. While Dr. Gawande's book title alludes to death, the stories in it are actually about life. He describes people's efforts to maintain autonomy as they age in the face of ingrained habits, cultural expectations and onesize-fits-all corporate offerings. He includes Beacon Hill Village and the Village model as an option for assisting older adults in their efforts, which has often meant providing services and extending community to people who want to remain in their own homes and enjoy the rich stew of activities, attributes, attitudes and ages that engage the community's older adult population.

Not only will Dr. Gawande share these messages with us, but he will also answer questions from Villages around the country. Our Village has an opportunity to submit a question by February 3, 2017 to be answered during the live event. If you would like to suggest a question for our Village to submit, please contact the office at 202-999-8988 or email your question to Lynn@georgetown-vilage.org